

**Children at the Centre
Training for Trainers Programme 2008-2009
For a Multidisciplinary Audience**

Following on from the successful completion of the Children at the Centre training for social workers in 2005-2007 additional resources have been provided by The Scottish Government to ensure that there is a network of trainers in Scotland from a range of agencies who can deliver the Children at the Centre programme in their own areas to a multidisciplinary audience.

The overall aim of this training is to provide participants with the knowledge & skills to deliver the updated 2-day Children at the Centre training programme.

The training will be delivered to multidisciplinary groups who have a remit for child protection training. This is different from the original programme for Social Workers only. At the end of the programme each trainer will then be equipped to deliver the course in their own agencies or to multidisciplinary groups in their area.

The course is open to participants from all disciplines across all sectors. Agencies with an **adult only remit** are especially invited to attend.

The training is an opportunity to bring staff from different agencies & disciplines together to look collectively at keeping the child at the centre of any assessment & to look at their role & responsibilities in protecting vulnerable children whilst building a professional protective network around those children.

Days 1 & 2 provide participants with the opportunity to become familiar with the two day materials as they actively participate in the course

Days 3 & 4 provide participants with the opportunity to practice delivering some of the materials & develop the skills necessary to deliver the training programme.

For 2 courses there will be a day 5th day on transfer of learning delivered by Kate Skinner from IRISS at University of Dundee.

Dates are now available -

***Glasgow: 4th and 5th December 2008, 13th and 14th January 2009
Inverness: 9th and 10th February 2009, 2nd and 3rd March 2009
West Scotland: 4th, 5th and 6th March, 25th and 26th March 2009***

For booking enquires
Telephone: Sarah Wiktorski 0141 330 2335

The two-Day Children at the Centre Course

Introduction

All children in Scotland deserve to be cared for & protected from harm & to grow up in a safe environment in which their rights & needs are respected. Unfortunately, not all children are properly cared for or protected & sometimes the environment in which children live is harmful to their development & well-being.

Traditionally the role of protecting children falls to their parents, however there is a wide recognition that every adult has a role in ensuring all our children live safely & can reach their full potential.

The measure of the health of a society is how well it takes care of its youngest generation
(Benson 1997).

Parenting is demanding; parenting under stress is often difficult. At times all families need support; however some families where parental substance misuse is an issue, require more support to ensure that their children's needs are met. It is important to look at parental substance misuse in a wider familial & environmental context. Research & practice indicates that there is a correlation between parental substance misuse, mental health problems, domestic abuse & offending.

The training is over two days & is designed for a multidisciplinary audience. The aim is to provide a mutually positive learning environment where participants will be able to utilise the expertise & experience of their colleagues, both in their own & other disciplines.

The training explores risk, impact of parental substance misuse, domestic abuse, mental health problems & offending on children. The training is an opportunity to bring staff from different agencies & disciplines together, to look collectively at their role & responsibilities in protecting vulnerable children.

The overall aim of this training "is to help staff in all disciplines to help children be safe by contributing to the provision of childcare & protective, professional networks". The project is funded by the Scottish Government, to provide training to all staff that comes into contact with substance misusing parents. It explores the relationship between child welfare & substance misuse, mental health, & domestic abuse. The training will assist workers to respond appropriately to child protection & welfare issues.

The training is an opportunity for all staff, who have contact with service users who are parents or have significant contact with children; to recognise the impact that role has upon the service user to use the training to inform their assessment & intervention; thus improving outcomes for the adult & the child. As emphasised in a number of reports including, For Scotland's Children, Getting Our Priorities Right, Hidden Harm & Getting it Right for Every Child. The protection of children is not the province of one agency. If all agencies in Social Work, NHS & Voluntary Sector are able to work together both internally & externally then they are in a better position to work with both parents & children & in doing so build a more protective network for children.

The content of the course is informed by the expertise of STRADA & the Childcare & Protection Unit at the University of Dundee, bringing together knowledge of childcare & protection & substance misuse. Focus groups with Social Work staff & consultation with Child Protection Committees, Drug Alcohol Action Teams & Social Work staff development teams informed the contents of the training programme.

Children at the Centre 2-day course

Training Timetable: Day One

Time	Activity	Resources
9.00am	Coffee & Registration	List
9.30am	Introductions	Laptop (Power-point), projector, flipchart
10.00am	Quiz	Quiz answer sheets, laminated answers
10.45am	Big Bag Worries	Flipchart, post-it notes
11.15am	Comfort Break	
11.30am	Through a Child's Eyes <ul style="list-style-type: none"> • Presentation • Exercise • Discussion 	Laptop, projector, laminate cards & scenarios
12.15pm	Parenting Capacity <ul style="list-style-type: none"> • Boardblast • Presentation 	Flipchart, Laptop, projector
1.00pm	Lunch	
2.00pm	Prioritising	Laminated scenarios
2.30pm	Assessing Child development & attachment <ul style="list-style-type: none"> • Presentation • DVD 	Laptop, projector, DVD Little Angels
3.15pm	Comfort Break	
3.30pm	Assessing Child development & attachment <ul style="list-style-type: none"> • Feedback 	Flipchart
4.00pm	Invisible Children <ul style="list-style-type: none"> • Quotes • DVD • Feedback 	Laptop, projector, DVD Invisible Kids, flipchart
4.30pm	Close	

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Training Timetable: Day Two

Time	Activity	Resources
9.00am	Welcome back	Laptop/projector
9.45am	Quadrant Exercise	Flipchart, paper & pens
10.30am	Resilience <ul style="list-style-type: none"> • Presentation • Flipchart exercise 	Laptop, projector, flipchart & pens
11.15am	Comfort Break	
11.30am	Linear Cycle <ul style="list-style-type: none"> • Presentation • Table exercise 	Laptop, projector, table, pens
12.30pm	Bench-Marking Exercise <ul style="list-style-type: none"> • Presentation • Exercise 	Laminated table x 4 Scenario x 4
1.00pm	Lunch	
2.00pm	Line Dancing/ Risky Business <ul style="list-style-type: none"> • Exercise 	Case Study & descriptor laminated, Flipchart & pens
2.45pm	Integrated assessment Framework & Communication Networks <ul style="list-style-type: none"> • Presentation • exercise 	Laptop, projector, flipchart
3.15pm	Comfort Break	Laptop, projector. vignette
15.30pm	Roving Reporter	Laminated descriptors, case studies & name cards
4.30pm	Evaluation	Evaluation forms & www/ebi
4.45pm	Finish	

Day 3 & Day 4 Training for trainers including the delivery of a presentation / exercise

Two groups will be have an extra day on transference of learning

Visit www.projectSTRADA.org to discover our full range of programmes